# Scenarios

<table>
<thead>
<tr>
<th>Scenarios</th>
<th>What Should I Do?</th>
</tr>
</thead>
<tbody>
<tr>
<td>I have a fever. What should I do?</td>
<td>• If you have a fever greater than 38 degrees Celsius (or 100.4 degrees Fahrenheit), do <strong>NOT</strong> go to work or if you are at work, go home. Call Occupational Health. <strong>Do not present in person</strong> at an Occupational Health clinic.</td>
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<tr>
<td>I have a cough, sore throat, shortness of breath and/or muscle aches that developed in the past 72 hours. What should I do?</td>
<td>• Call Occupational Health to determine if you can be at the facility and if you should be tested for the flu and/or COVID-19. If it is an emergency, call 911 or go to the Emergency Department after calling ahead to tell them you are coming. <strong>Do not present in person</strong> at an Occupational Health clinic without first calling.</td>
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| I heard my co-worker was furloughed and am concerned about COVID-19. What should I do? | • Remain calm. Being exposed to a furloughed colleague is not cause for concern. You will be alerted if you are part of an exposure investigation.  
  • You can work at the facility using your normal practices if you do not have any of the following symptoms: fever, new cough, sore throat, shortness of breath or muscle aches.  
  • If you develop any of these symptoms, call Occupational Health. **Do not present in person** at an Occupational Health clinic without calling first. |
| I may have been around someone who is being tested or said they are being tested for COVID-19. What should I do? | • Remain calm. Being exposed to a furloughed colleague is not cause for concern. You will be alerted if you are part of an exposure investigation.  
  • You can work at the facility using your normal practices if you do not have any of the following symptoms: fever, new cough, sore throat, shortness of breath or muscle aches.  
  • If you develop any of these symptoms, call Occupational Health. **Do not present in person** at an Occupational Health clinic without calling first. |
| I live with, visited or share a room with a person confirmed to have COVID-19? What should I do? | • Go home/stay at home and self-isolate for further instruction. Call Occupational Health. **Do not present in person** at an Occupational Health clinic. |
| I was told by public health authorities that I have been exposed to a person confirmed to have COVID-19? What should I do? | • Go home/stay at home and self-isolate. Follow the action plan given to you by public health authorities and call your primary care provider.  
  • Call Occupational Health for clearance to return to work. **Do not present in person** at an Occupational Health clinic. |
### When to Call Occupational Health about COVID-19 Concerns Continued

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| I was told by Occupational Health that I have been exposed to a person confirmed to have COVID-19? What should I do? | • Go home/stay at home and self-isolate. Follow the action plan given to you by Occupational Health and call your primary care provider.  
• Call Occupational Health for clearance to return to work. **Do not present in person** at an Occupational Health clinic. |
| I recently traveled to a [CDC COVID-19 Level 3 country/area](https://www.cdc.gov/coronavirus/2019-ncov/traveler/levels-of-risk.html). What should I do? | • Stay at home and self-isolate for 14 days after returning to the U.S.  
• Work directly with your supervisor to coordinate working arrangements.  
• Call Occupational Health for clearance to return to work. **Do not present in person** at an Occupational Health clinic. |
| I recently traveled within the United States to an area with community transmission of COVID-19 or to a country not listed as a CDC COVID-19 Level 3 country. What should I do? | • You can return to work at the facility upon return if you do not have any of the following symptoms: fever, new cough, sore throat, shortness of breath or muscle aches  
• If you develop any of these symptoms, call Occupational Health. If it is an emergency, call 911 or go to the Emergency Department after calling ahead to tell them you are coming. **Do not present in person** at an Occupational Health clinic without first calling. |